

## APPENDIX D

### Health Links

#### **Allergy American Academy of Allergy**

[www.aaaai.org](http://www.aaaai.org)

#### **I Breathe**

[www.ibreathe.com](http://www.ibreathe.com)

[www.aa.org](http://www.aa.org)

[www.na.org](http://www.na.org)

[www.health.org](http://www.health.org)

#### **Smoking**

[www.tobaccofree.org](http://www.tobaccofree.org)

[www.quitsmoking.com](http://www.quitsmoking.com)

#### **Eating Disorders**

[www.mirror-mirror.org/eatdis.htm](http://www.mirror-mirror.org/eatdis.htm)

#### **Exercise**

[www.justmove.com](http://www.justmove.com)

#### **Mental Health**

[www.ub-counselling.buffalo.edu](http://www.ub-counselling.buffalo.edu)

#### **General Health**

[www.familydoctor.org](http://www.familydoctor.org)

[www.medicinenet.com](http://www.medicinenet.com)